



Ocean Mermaid Crystal Stone Grid

Center: Ocean Jasper

Star: Aquamarine

Triangle and Dot: Selenite with Ammonite on top

Open Circle: Agatized Coral

Square: Shiva/Cat's Eye Shell

Outside Circle: Himalayan Salt

Many of us get recharged at the beach. There is something about the energy of the ocean that brings restoration and peace. This grid is intended to channel the energetic essence of the ocean and bring it to your personal sacred space. The center stone is Ocean Jasper, which is Enter the Earth's signature stone. It has associations with emotional joy, cleansing, and integration.

The ocean is also associated with the emotional body and emotions in general. Several of the stones in the grid are creatures from the sea, such as the ammonites, agatized coral, and cat's eye shells. Both selenite and salt are born from sea water and return to it if they are placed in water.

I would recommend using this grid as sweet restoration, set up in the bedroom, meditation room, or in a room where you immerse yourself in water for stress relief or to enter an altered state. The stones would be good for lightening emotional states. Also, this would be a sweet resonance for any of the "water signs" of the zodiac, Scorpios, Pisces, or Cancer.

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