



Grief & Broken Heart Support Crystal Stone Grid

Center: Lepidolite & Sacred Heart Rose Quartz

Star: Quantum Quattro Silica

Triangle: Pink Aventurine

Open Circle: Mangano Calcite

Dot: Lapis

Square: Apache Tear

Outside Circle: Himalayan Salt

Outside Flanking: Rainbow Moonstone

Life can get downright brutal sometimes. This grid was created to provide support for deep emotional pain and loss. The stones included are known for crisis care and intervention, as well as significant emotional soothing and support of the emotional body. This grid would be particularly useful for anyone undergoing the loss of a loved one or any other kind of loss.

I recommend that this grid be set up near a sleeping space, perhaps even directly under the bed in alignment to the heart of the person laying on the bed. This is less effective if there are pets that can jostle the stones and de-activate the grid. Poster putty can be used under the stones to keep them from being accidentally moved.

Also, this is an excellent practitioner grid to use for distance healing support of those who are in emotional trauma. You may wish to get an additional single stone of lepidolite, Sacred Heart rose quartz, mangano calcite, or apache tear to link to the grid and use a carry around piece for someone who needs a physical touch point.

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