



Tourmaline Protection & Empath Shielding Crystal Stone Grid

Center: Black Tourmaline

Inner Petal: Tibetan "Herkimers" with Carbon Inclusions

Star: Smoky Quartz

Triangle: Multi-Colored Tourmaline

Open Circle: Banded Carnelian

Dot: Pink Tourmaline

Square: Black Tourmaline

Outside Circle: Himalayan Salt

Flanking Outside: Rutilated Quartz

Energetic protection and shielding is one of the most important things that a sensitive person can do to enhance his/her personal comfort and 3D integrity. People's energy fields (auric layers) can sometimes be semi-permeable, which allows inappropriate energies to gain access to your personal space and mess with you, drain you, or otherwise give you the sensation of emotions that are not yours.

Black tourmaline, which is featured as the center stone and as a layer in the grid, is the most popular "protection" stone out there. It is intended to shield you from intense nasty energy coming at you from whomever and knock it back to the source of origin. That's cool. We definitely want protection from nasty ick directed our way, but the other tourmalines are also protective. Pink tourmaline is an excellent shield to buffer you from the yuck that may be wafting your way from people with whom you have a heart connection, like a lover, mother, friend, and so on. For empaths, shielding from family and friends may actually be a bigger need.

This grid combination of several different tourmalines, as well as other traditional protection stones, addresses the range of energetic and spiritual pathways that you want covered to feel more comfortable and less harassed by any intrusive external energy.

I recommend setting this grid up at home or near a sleep or work space, depending on what environment you feel the most intruded upon in your daily schedule.

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