The New Moon is the period of time when the moon reflects none of the sun's light. It traditionally has been linked to the "Dark Goddess", which corresponds to gestation, the womb, the period of time of rest and reflection, and the blood mysteries. It still connects directly, like the full moon, to the principles of the Divine Feminine, but instead of active principles, it is more about shedding, shifting, and fierceness instead of nurturing. It can often represent the tough love of a mother when you are not "on path" and need a shove in the right direction for your own good. This would be the grid to set up if you have to address healing any shadows, particularly emotional ones. The Moon has long been associated with life changes, the emotional body, the ocean, dreams, meditation, and enhanced vision. The Moon rules the zodiac sign Cancer and is associated with the Fourth House in astrology.

The intentions of this grid is to assist usher in graceful shifts in facing, healing, or beginning something new that needs to be born. Like the Full Moon Grid, the New Moon Grid can be used to charge ceremonial tools as well as to be included in any work in which new moon energies are particularly useful.

**Center: 1 Black Moonstone**
Black Moonstone is the energy of the dark of the moon, the new moon, and symbolizes the creational space of the womb. It can be used as an astrological connection to the energies of the new moon.

**Inner Lotus: 6 Starry Jasper**
Starry Jasper is a type of red jasper that is included with pyrite, quartz, and sometimes hematite. It has special energies that support releasing what no longer serves, as well as anchoring a spiritualized energy that can help give the support necessary to purge baggage and ground that new empty space with something that is both adaptive and helpful for your personal spiritual growth.

**Star: 6 Black Tourmaline**
Black Tourmaline is one of the best stones for grounding expansive energies to the physical level as well as one of the most protective to the emotional body against intentional harm or ill-wishes. It has an aligning property, which assists in bringing the energy body into greater alignment, such that it is made more whole and more resistant to outside influence.

**Triangle: 6 Hematoid (Hematite Included) Crystal Points**
Hematoid Quartz is a special type of hematite included quartz that looks like it is colored blood red. It has associations with the Divine Feminine blood mysteries, creation, and lunar energies. It can be used to empower the release of blockages and to restore energetic flow to a system.
Open Circle: 6 Cats Eye
Cats Eye is a cousin of Tigers Eye that has a silver and grey flash instead of a brown and gold one. It is associated with the ability to see through “dark” with intuitive insight, fierce protection, and enhanced resilience. It is also associated with lunar energies as well as protective Divine Feminine energies.

Dot: 6 Black Obsidian
Obsidian is volcanic glass that is born from the primordial elemental fires of the planet. These fires can be both destructive and creative, symbolizing the creation process itself. It is often associated with Pele or other “dark goddess” energy that typically breaks things down that need to be remade. It is incredibly purifying, protective, and supportive of expanded intuitive states.

Square: 6 Abalone Shell
Abalone Shell is from a mollusk that lives in the ocean. It has been traditionally used as a smudging vessel or on alters to represent the life creating oceans as the womb of the planet. It has further associations with the moon, the emotional body, and tides of life. Its many flashes of color on a silver background provide full color support for the system.

Solid Circle: 6 Dragon Stone
Dragon Stone is a cousin to bloodstone that has more primordial fire within it. It is associated with transformation, blood mysteries, and the wildness of nature, often depicted as female in nature. It can be used to connect with elemental earth energy, which can be tapped to initiate global energy healing work, personal healing work, or on site earth healing work.

Outside Flanking: 12 Himalayan Salt
Himalayan Salt is harvested from the sacred Himalayan Mountains, which were once under the oceans. This salt has been used for purification, abundance, the creation of sacred space, and emotional healing work. It is closely tied to ocean energy from its origins and can be paired with any other rock to provide additional cleansing support to prepare the system for new purpose.

Grid Placement Recommendations:
The New Moon Grid could be activated during the actual New Moon as a part of ceremony or set up in a bedroom for dreamtime or meditation. It would be good to use during Rites of Passage, such as celebrating pregnancy, the start of menstruation, or even the start of a new project of any kind.

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